

Raising Special Kids

Families Helping Families



Spotlight

Joyce Millard Hoie ONE Amazing Executive Director

It is with great pleasure that I share with everyone that Joyce Millard Hoie was awarded the **Leader of Distinction** from the Organization of Nonprofit Executives (ONE).

Joyce was recognized before a room full of non-profit executives from across the valley. As we stated on the nomination:



Karin Smith, Joyce Millard Hoie, Paula Banahan

Joyce is an innovative leader, a trusted and collaborative communicator, and an effective organizer who consistently anticipates needs and meets them in a prompt and thoughtful manner. She instills, models, and develops the principles of respect, hard work, integrity, self-esteem, encouragement and human dignity.

Please join me in congratulating Joyce on this wonderful and well-deserved recognition!

Karin Smith

President, Board of Directors

Kanin Smith

CONTENTS		
One Family's Medicaid Story	1	Special Day Special Kids Pics 5
Where Worlds Collide	3	ESPAÑOL
RSK Is Always There	4	Donde los mundos chocan 7
Workshop Descriptions	9	Talleres 6

This publication is partially supported by the Health Resources and Services Administration (HRSA) of the U.S. Department of Health and Human Services (HHS) under the Family to Family Health Information Centers, CFDA No. 93.504. The information, content, and conclusions should not be construed as the official position or policy of, nor should any endorsements be inferred by HRSA, HHS or the U.S. Government.



Connecting is published by

Raising Special Kids

5025 E. Washington St., #204 Phoenix, AZ 85034 602-242-4366 | 800-237-3007 Fax: 602-242-4306

www.raisingspecialkids.org info@raisingspecialkids.org

Flagstaff

928-444-8834

Sierra Vista

520-441-3411

Tuba City

928-444-8687

Tucson 520-441-4416

20-441-4410

Yuma

928-444-8803

STAFF

Joyce Millard Hoie, Executive Director

Anna Burgmann, Brandi Clark,
Gloria Demara, Gina T. Didio, Vickie French,
Terra Garcia, Kathy Gray-Mangerson,
Rachel Hanzuk, Denise Hauer,
Zarai Hernandez, Trudy John,
Angelica Lara, Zuryah Lawson,
Maureen A. Mills, Janna Murrell,
Gabriela Parra, Dolores Rios Herrera,
Kelly Randall, Vicky Rozich,
Nannette Salasek, Paulina Serna,
Peggy Storrs, Christopher Tiffany,
Nilda Townsend,
Alice Villarreal,
Leslie Williams, Neil Wintle

BOARD OF DIRECTORS

Karin Smith, President
Jennifer Kupiszewski, Vice President
Paula Banahan, Treasurer
Helen Holden, Secretary
Katie Barclay Penkoff
Karen Barr
Tom Batson
Barbara Brent
Tonya Gray
Maya Rao
Grant Senner

Parent to Parent support is the heart of Raising Special Kids. Information about local services, educational programs, advocacy, or special health care needs is available in English, Spanish and other languages. Services are provided at no charge to families in Arizona. Raising Special Kids is a 501(c)(3) non-profit organization.

One Family's Medicaid Story

Just How Important is Medicaid For Children & Youth with Disabilities?

Five years ago, Nicole Guysi and her husband, Brett, felt that their young family was drowning financially. All of their money was going toward Brett's treatment for melanoma and to pay for doctor visits as they tried to find a diagnosis for their young daughter, Brooke.

"We hardly had any money in our savings," Guysi said. "We were really struggling."

Then came some good news. Her husband was declared cancer free and doctors finally agreed on a diagnosis for their daughter, which allowed them to know what specific course of treatment she needed.

Brooke was diagnosed with Cohen syndrome, a rare genetic disorder that affects her physical development. It also causes her to have progressive vision loss and weak muscle tone. In addition, Brooke struggles to eat on her own, so she needs a feeding tube.

When they found out Brooke's diagnosis, Nicole and her husband wasted no time and began taking their daughter to see a number of specialists. Today, Brooke is 6

she needs several treatment visits from therapists every week.

"Her condition has stabilized since we learned more about it and learned how to be more proactive," Nicole said.

her husband. "We're finally in a better place financially," she said.

The couple no longer worries about paying for Brooke's medical bills or for the various therapies – including speech, occupational, and



Guysi Family

At first, the private health insurance through Brett's employer covered most of Brooke's doctor visits. But they had to pay significant costs in out of pocket expenses for co-pays and deductibles not covered by the insurance. That all changed three years ago when Brooke was approved for the Arizona Long Term Care System, or ALTCS, a

Nicole and her husband were able to buy a house, pay off debt, and build up an emergency fund.

Nicole added that she and her

physical – she receives. As a result,

Nicole added that she and her husband no longer have the constant worry about finding money to pay for unexpected doctor visits or trips to the emergency room whenever Brooke gets sick. "Those were drastic circumstances from five years ago which really hurt us financially," she said.

Now that Congress is considering cuts to Medicaid programs, such as ALTCS, Nicole said she is worried about how that would impact Brooke's medical care. She fears they'd have to go back to paying out of pocket costs for care their private insurance doesn't cover. Plus, she knows they'd have to

Nicole said she'd tell [lawmakers] that protecting her daughter's health means continued coverage from ALTCS. "Keeping Brooke healthy increases the chances that she'll need less government assistance as she gets older."

years old and sees six different doctors: a geneticist, hematologist, dermatologist, ophthalmologist, gastroenterologist and an orthopedic specialist. In addition, Medicaid health insurance program offered through AHCCCS.

ALTCS covers much of what the family's private insurance doesn't, which is a big relief for Nicole and

figure out which of Brooke's therapies they could afford.

"She absolutely needs every single one of those therapies," Nicole said. "It is devastating emotionally for parents to make those hard decisions."

If she were given a chance to

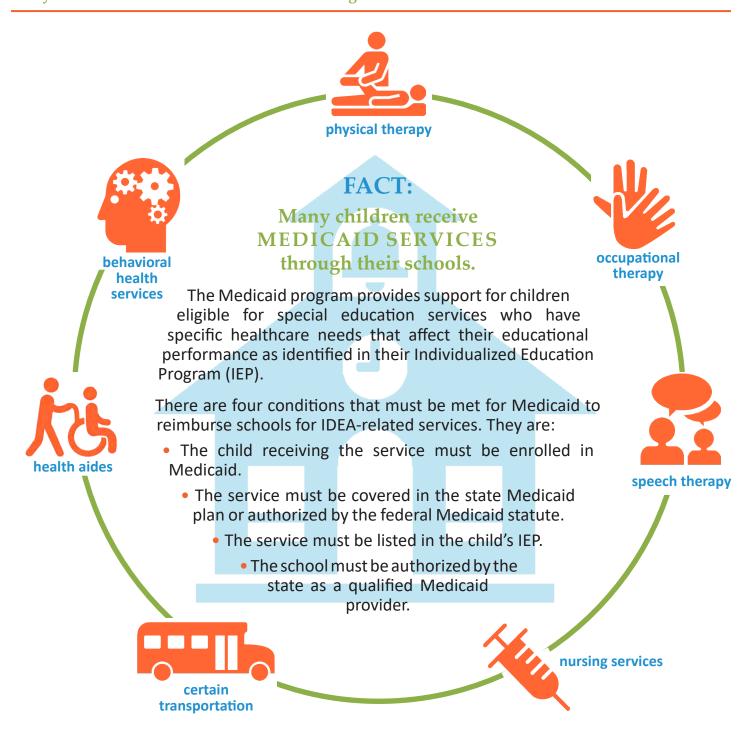
speak with lawmakers who are considering cuts to Medicaid programs, Nicole said she'd tell them that protecting her daughter's health means continued coverage from ALTCS. "Keeping Brooke healthy increases the chances that she'll need less government assistance as she gets

older."

"What I hope lawmakers would do is look at it from both a financial and logical perspective," she said. "If you were to make cuts to Medicaid, what will that do to children like Brooke? Yes, you'd save money, but how does that really save money in the long run?"

Where Worlds Collide

Many Children Receive Medicaid Services Through Their Schools





PARTNERS IN CARE

Helping children live healthier lives and improving the quality of their care

Arizona Symposium on Children with Special Health Care Needs

Raising Special Kids expresses its sincere appreciation to the PARTNERS IN CARE 2017 Sponsors

Title Sponsor



Platinum Sponsors





An Independent Licensee of the Blue Cross and Blue Shield Association









FIRST THINGS FIRST

Bronze Sponsors



ABILITY360

Raising Special Kids is Always There An Invaluable Gift That I Will Be Forever Grateful For



Nicole and Brooke Guysi

Our daughter, Brooke, was diagnosed with a rare genetic disorder called Cohen Syndrome in May of 2013. I can't remember exactly when we were told about Raising Special Kids, but I do know it was very early-- about the time we received our daughter's diagnosis.

I remember talking with RSK and speaking with a very helpful person who gave me a lot of information. We were at the very beginning of our journey. After "the dust settled" I actually starting taking more time to read all of the material and resource information that was being provided by RSK. It has been so beneficial to our family and a huge blessing. Not only has RSK guided us and given us information to help with our daughter's care, like IEPs for school, understanding health insurance, changes in policies in AZ, programs that are available, etc.

RSK has been such a great support in helping us find answers. We know who to call if we are feeling

overwhelmed, and know that RSK not only understands logically how to help us (which is obviously important), but also understands compassionately how to help us (which is also a necessity as the challenges we face almost daily can really add up and take a toll on you if you don't have that compassionate support).

RSK has also given me an opportunity to give back. One challenge for families like mine who are sometimes overwhelmed with caring for their child needs is self-absorption. It is very easy to get so focused on your daily struggles that you lose sight of what others are going through. At RSK I've been given an opportunity to receive training to become a Parent Leader which has prepared me to help other families and be there for them as a coach and mentor, or for whatever they need. I've also been given opportunities to attend conferences and give presentations in meetings for families with children of special healthcare needs. It gives me an opportunity to not only share our

story, but to make an impact for ALL families in the special needs community, not just us. It has also given me insight into the programs or resources that families need and how to meet and overcome the challenges we face. Often, it seems like families have to fight for services for their child, and they don't always have support to learn how to advocate for them (the difference being when advocating you are working with, not against, the program or professional to come to a solution that benefits everyone).

I feel very fortunate to have the chance to collaborate and to work alongside people to accomplish their goals and objectives. Being a Parent Leader means I get to learn about self-advocacy and how working TOGETHER we can find solutions that benefit everyone. All of this has been made possible by Raising Special Kids. They are an amazing resource that truly understands the journey of a family who is raising a child with special healthcare needs.

One of the things I really appreciate about RSK is how they are always there. At the beginning of our journey they were there in the background as we were overwhelmed by all we were learning and doing for our newly diagnosed daughter. As time went on and I wanted to learn more, receive more and do more, RSK was there and is still there, helping me be a better advocate for our daughter and for other families as well. It's an invaluable gift and one that I will be forever grateful for.

2,800 Parents and Children Had Fun at special day for special kids!

March 18, 2017



Thank You! Parent Leaders Are the Heart of Our Mission.

The following Parent Leaders participated in leadership activities from December 2016 through February 2017. We appreciate our 300 Parent Leaders who have been trained to volunteer, but we do not have room to list their names.

Avondale
Jennifer Priddy
Buckeye
Jill Nico
Chandler
Gilbert Alonzo

Gilbert Alonzo
Dawn Bailey
Marti Baio
Samantha Flores
Aimee Johnson
Beth Kaib
Cathy Turner
Noelle White
Chino Valley
Jody Brigham
Flagstaff

May Sheppard-Ketchner Gilbert

Randa Canter Holland Hines Sonya Kanidis Karen McLoughlin

Louise Murphy Heather Prouty Kim Updegraff Glendale

Bethany Alcorn

Becky Getz Nicole Guysi Meriah Houser Cathy Humphrey Rachael Pirie Tina Wildoner Lorie Williams Michelle Wolfson

Goodyear Krista Hill Kingman

Art Gode Lake Havasu City Christy Rail Vijette Saari

Laveen Bonnie Carroll

Carrie Aranda Cynthia Elliott Brittany Miller

Peoria

Sharon Blanton Brittany Johnson Niccole Swim Lisa Thomas



Parent Leader Rachael Pirie and Governor Doug Ducey

Phoenix
Brittany
Buchanan
Denise Chrisco
Angela
Christensen

Patricia Dean Isabel Dorame Claudia Gamez Marissa Huth Nicole Kauffman Heather Joy Magdelano Stephanie Mickelsen Maria Del Carmen Nuñez Kris Ohannessian-Dean Margarita

Margarita Ramirez Jessica Robertson

Ched Salasek Sherri Scruggs Chuck Smith Gissela Welle

San Tan Valley
Courtney
Burnett
Shauna
Marconato
Jacqueline TateTafoya
LaTasha
Whitaker

Amber Bailey Maura Knoell

Scottsdale

Steve Lee Carol Levenseller

Gina Merola Laura Michael Katie Petersen Carolyn Sostrom Amy Stroth

Heidi VanderMolen

Sedona Julie Perreault

Sun City Melissa

McQueen

Tempe Syed

Atikuzzaman Crystal Leon Janet Romo

Tolleson Sasha Diaz Tucson

Mindy Kellogg Melissa Ward

Brenda Higuera Whitney Kala

Criando niños especiales talleres y entrenamientos

www.raisingspecialkids.org o llame al 800-237-3007



El Comportamiento Positivo

Aprenda cómo reducir el comportamiento no deseado y aumentar el buen comportamiento mediante apoyos de comportamiento positivo en casa y en la comunidad. Comprenda el papel que juega usted en la conducta de su hijo y cómo trabajar con la escuela cuando el comportamiento interfiere con el aprendizaje.



Entrenamiento del IEP

Aprenda sobre la educación especial y el propósito del Programa Educacional Individualizado (IEP). Se hablara sobre los siguientes temas: el documento IEP, el papel de los padres dentro la educación especial, cómo prepararse y ser un participante eficaz en las reuniones, quienes son los miembros del equipo del IEP, cómo realizar el seguimiento de progreso de su hijo, y qué hacer si el equipo no está de acuerdo.



Cumpliendo los 18 años - Opciones Legales

Aprenda sobre las diferentes opciones legales que las familias deben considerar cuando sus hijos se convierten en adultos a la edad de 18 años. Familiarícese con los pasos del proceso de la Tutela. Los participantes aprenderán cómo pueden permanecer involucrados en la toma de decisiones con las escuelas, médicos y otros profesionales.

Éstos, y otros entrenamientos, están disponibles en todo el estado y sin costo para las familias. Por favor vea nuestra página de web para el horario y los lugares más actuales, www.raisingspecialkids.org, o llame al 800-237-3007.



Thank You for Referring Families

To refer a family, download our referral form from http://bit.ly/2nQszAl

Space no longer permits printing individual names. You can find individual names on our website.

AASK Abilitv360 Abrazo Central Family Medicine **Achieve Human Services ACTS** Thank you to the 11 employees who made referrals Acts of Kindness Pediatrics Adelante Healthcare Agua Fria Union High SD Alhambra Elementary SD Amphitheater Unified SD A New Leaf A Place to Call Home Applied Behavioral Intervention **ARC** Arizona Autism United Arizona Care Providers Arizona Dept of Education Thank you to the 6 employees who made referrals Arizona Dept of Health Services Arizona Developmental **Disabilities Planning Council** Arizona Early Intervention **Program** Arizona Learning and Literacy Center Arizona Long Term Care System Arizona Partnership for Children Arizona School for the Deaf and the Blind Arizona State University Arizona's Children Association Thank you to the 8 employees who made referrals **ASPIRE** Thank you to the 10 employees who made referrals A to Z Therapies Aurora Behavioral Health **Autism Speaks** Awakening Seed Private School **AzASSIST** Banner Health Thank you to the 7 physicians, therapists and social workers who made referrals Birth to Five Brain Injury Alliance **Building Resilient Families** Cardon Children's Medical

social workers who made referrals Care First CASA Casa de los Niños **Catholic Charities** Catholic Diocese of Phoenix Centro de Amistad Chandler Regional Hospital Chandler USD **CHC Pediatric** Chicanos Por La Causa Child & Family Resources Thank you to the 7 employees who made referrals Childhelp **Child Parent Centers** Chinle Unified SD Christian Family Foster Care City of Phoenix Birth-5 **Program** Clubhouse Therapy Cochise College Adult Education Colorado Children's Hospital **Community Legal Services** Corazon Integrated Health **CPLC Parenting Arizona** Children's Rehabilitative Thank you to the 9 physicians, therapists and social workers who made referrals Davis Monthan AFB Dept of Child Safety Thank you to the 8 employees who made referrals Desert Heights Academy **Desert Shores Pediatrics Desert Valley Pediatrics Devereaux Advanced** Behavioral Health Dignity Health Division of Developmental Disabilities Thank you to the 81 Support Coordinators who referred **Desert Heights Academy Desert Shores Pediatrics Desert Valley Pedatrics** Devereaux Arizona Dignity Health Dr. B's Children's Office **Dynamite Therapy Dysart Unified SD** Early Head Start- PGCCS **Easter Seals Blake Foundation** El Mirage Family Health Center El Rio Health Center The Emily Center **EMPACT EPICS/NAPTAC**

Estrella Pediatrics **Exceptional Family Member** Program- Ft. Huachuca **Family Partners** Family Service Agency Family to Family NAMI **Family Voices** Flagstaff Medical Center Foundation for the Blind **GALA Gateway Pediatrics** Gilbert Unified District Glendale Union High School The Griffins Workshop Happy Kids Pediatrics HeadStart **Healing Hearts Pediatrics** Thank you to the 6 employees who made referrals Housing Hub Hu Hu Kam Memorial Hospital Isaac Elementary SD Jewish Family & Children's Services Thank you to the 11 employees who made referrals Jordan Developmental **Pediatrics** Juvenile Courts Keogh Health La Frontera Behavioral Health Littleton Elementary District Longview Community Church Make Way for Books Maricopa Home School Maricopa Integrated Health System Thank you to the 13 employees who made referrals Maricopa Medical Center Mariposa Community Health Center Maximus Mercy Care Plan Mesa Pediatrics Mesa Unified SD MiKid Mohave County SNAC Mountain View Pediatrics Mountain Park Health Center Northern Arizona Healthcare Northwest Pediatric Clinic **PACER Center** Palominas Elementary SD Paradise Valley Unified SD Parenting Arizona Peoria Unified SD Pediatras Arizona Pediatrix Pendleton Pediatrics Peoria Community Center

Phoenix Children's Hospital Thank you to the 12 physicians, therapists and social workers who made referrals Phoenix Rescue Mission Phoenix Union High School District Pilot Parents of Southern AZ Pinal Gila Community Child Services Primavera Online High School ResCare Workforce Services Saddle Mountain Unified SD Salvation Army **SARRC** Save the Family Foundation Sonoran Sky Pediatrics Southwest Human Development Thank you to the 15 employees who made referrals Southwest Network St. Johns Unified SD St. Joseph's Hospital St. Nicholas Adoptions Stern's Pediatric Clinic Stride Psychological Services Sunnyside Unified SD **Sunrise Therapy Services Sunshine Pediatrics** Teleos Preparatory Academy Tempe Elementary SD Terrence Matteo PhD LLC Terros **TOPS** Touchstone Behavioral health Thank you to the 6 employees who made referrals Trumpet Behavioral Health Tuba City Regional Healthcare **Tucson Medical Center UMOM** Un Desafío Inc. UnitedHealthcare Union Elementary SD University of Arizona Vail Unified SD Valle del Sol **Vermont Family Network** Vista del Camino **Vocational Rehabilitation** The Voice Program **WACOG Head Start** Washington Elementary SD Whiteriver Unified SD Wilson Community Center Wilson Elementary SD Yuma Union High SD

Peoria Unified SD

Thank you to the 10 Cardon's

physicians, therapists and

Raising Special Kids Workshops & Training

Register online at www.raisingspecialkids.org or call 602-242-4366 | 800-237-3006



Early Childhood Education (Birth - Kindergarten)

Learn the basics of the Individualized Family Service Plan (IFSP) and how to make a smooth transition from early intervention services to preschool at age 3. Participants will learn about the process of evaluation, eligibility and of services provided through Individualized Education Program (IEP) by your local public school district. The discussion will include the transition process from preschool to Kindergarten and skills parents can help with at home.



Positive Behavior Support

Learn how to reduce unwanted behavior and increase good behavior by using Positive Behavior Supports in your home and in the community. Understand the role you play in your child's behavior, and how to work with the school when behaviors get in the way of learning.



IEP Training

Have a better understanding of Special Education and the Individualized Education Program (IEP). The following topics will be discussed: the IEP document, the parent's role in the special education process, and how to prepare for, and be an effective participant at the meeting. You will learn who is a member of your child's IEP team, how to track your child's progress, and what to do if the team does not agree.



High School Transition

This workshop explains the IEP transition planning process which should begin for students no later than 16 years of age. Discover how to identify classes, activities and services that help prepare students with disabilities for higher education, vocational training, employment, and additional resources that help with planning for adult life.



Turning 18 - Legal Options

Learn about the different legal options families should consider when their child becomes an adult at the age of 18. Become familiar with the steps of the guardianship process. Participants will learn how they can stay involved in decision-making with schools, doctors and other professionals.

These trainings and more are available statewide and at no cost for families. Please visit our website at www.raisingspecialkids.org for the most current schedule and locations or call 602-242-4366 or 800-237-3007.

To request a Raising Special Kids presentation for your school or organization, see http://raisingspecialkids.org/trainingworkshop-request/ or call our office at 602-242-4366 or 800-237-3007 for more information.



Raising Special Kids 5025 E Washington, Ste #204 Phoenix, AZ 85034

RETURN REQUESTED

NONPROFIT ORG. U.S. POSTAGE PAID PHOENIX, ARIZONA PERMIT NO. 2017

Raising Special Kids Recognized with Outstanding Leadership Award from Council for Exceptional Children

Raising Special Kids is honored and delighted to be recognized with the Linda M. Levine Outstanding Leadership Award. We are so pleased to join with our terrific partners and colleagues, like the Council for Exceptional Children and First Things First, to support and advocate for families of young children with disabilities. The recognition of our work with families of young children inspires us all to even better efforts.

